



**St. Vincent Hospital**

## **NEWS RELEASE**

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### **St. Vincent Hospital Offers Sleep Studies; Concludes 2D Mammography**

*Shifting demand and changing technology make way for one new service to begin as another ends at St. Vincent Hospital*

LEADVILLE, Colo. (July 18, 2019) — Providing a variety of high-demand medical services in Lake County is a balancing act. And one that St. Vincent Hospital strives to do with the community's best interest at heart. Last month St. Vincent Hospital made sleep studies available, and at the same time learned that its digital two-dimensional (2D) mammography services would come to an end.

#### **Sleep Studies**

St. Vincent Hospital has partnered with Mobile Sleep Services, Inc. to be able to offer sleep studies—or polysomnography—in Leadville. Sleep studies help diagnose sleep apnea, periodic limb movement disorder, narcolepsy, restless legs syndrome, insomnia and more. The new service is welcomed by both patients and providers, as results are most accurate when the testing takes place at the altitude where the patient lives.

A sleep study is most often ordered by a primary care physician. Once a referral is received, the St. Vincent Hospital business office has a high degree of success obtaining insurance approval and coverage for these tests.

To learn more, contact Janet Petty with the business office at 719-486-7183 or [jpetty@svghd.org](mailto:jpetty@svghd.org).

#### **Mammography**

The federal regulatory agency for mammography requires that each imaging technician perform a minimum of 200 tests in a 24-month period. Demand has been inadequate for St. Vincent Hospital to maintain that volume.

2D mammography imaging became available at St. Vincent in 2013, shortly after that 3D technology became mainstream. Due to this, the number of mammograms performed at St. Vincent in recent years has declined. Though 2D mammography is reliable and effective for most patients, it has limitations for women who require advanced imaging due to family history or pre-existing conditions.

“Appointments for 2D mammograms have decreased with breast specialty centers opening and operating in our neighboring communities,” says Teri Martin, imaging manager.

And while mammograms won't be available any longer, the imaging department at St. Vincent will continue to offer ultrasound, CT scan, x-ray and bone density (DEXA) scans.

“We hope for a time in the future when we can offer mammography again. And we're thankful that there are quality alternative providers very close by,” says CEO Gary Campbell. “But we do regret that this change may cause inconvenience for some of our patients.”

St. Vincent Hospital will quickly and efficiently transfer medical records to a patient's new chosen mammography facility. Patients may contact Teri Martin, Imaging Manager at St. Vincent Hospital, at 719-486-7153 or [TMartin@svghd.org](mailto:TMartin@svghd.org) to get this process underway.

St. Vincent Hospital recommends the following regional breast centers:

Heart of the Rockies Regional Medical Center  
Center for Breast Health  
1000 Rush Drive  
Salida, CO 81201  
719-530-2200

Vail Health - Sonnenalp Breast Center  
322 Beard Creek Road  
Edwards, CO 81632  
970-569-7690

Shaw Breast Center  
323 W. Main St. Suite 101  
Frisco, CO 80443  
970-668-6400

St. Anthony Summit Medical Center (Breast Imaging)  
340 Peak One Drive  
Frisco, CO 80443  
970-668-9595

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